Mountain Weather Forecast

Lake District National Park

Forecast valid from 06:00 on Friday 30 Jun 2023 until 23:59 on Saturday 01 Jul 2023

Forecast Issued on Friday 30 Jun 2023 at 02:10

Confidence: High for changeable weather to continue into the weekend

Headline for Friday 30 Jun 2023: Cloudy and windy with occasional rain

Mountain weather hazards on Friday 30 Jun 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** High Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Low Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Light rain	Heavy Rain	Heavy Rain	Heavy Rain	Heavy Rain	Heavy Rain
Precipitation probability					
30%	30%	60%	70%	60%	60%

Forecast for Friday 30 Jun 2023

Weather: Chance of a few showers in the morning. The afternoon will be overcast with outbreaks of rain spreading southeast across the Lake District, damp weather will linger into the evening as well especially across the Western fells.

Chance of cloud-free hill tops above 800m: 20%, best chance first thing in the morning

Low cloud and visibility: Poor in extensive low cloud down to 600 to 800 metres for most of the day, and as low as 400 metres at times across the Western Fells. Low cloud will be patchy in nature at first.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Friday 30 Jun 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
900	24/29 SW	24/31 SW	23/30 SW	25/33 SW	24/32 SW	24/32 W	25/33 W
600	21/27 SW	23/30 SW	22/30 SW	23/32 SW	21/29 SW	20/29 W	22/32 W
300	9/22 S	10/23 SW	11/24 SW	12/26 SW	10/24 SW	10/24 W	11/26 W
Valley	10/21 SW	11/22 SW	13/23 SW	13/26 SW	13/25 SW	11/24 W	13/27 W

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
900	8/3	8/3	8/4	9/5	10/6	10/6	9/5
600	10/6	10/6	10/6	11/7	12/8	12/8	11/7
300	12/10	12/10	12/10	13/10	13/11	13/12	12/10
Valley	14/12	14/12	14/12	15/13	15/13	16/14	15/13
Freezing Level*	2300m	2800m	3100m	3400m	3500m	3100m	2700m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Meteorologist's View

Strong winds and poor visibility will make for slow progress on the higher summits.

Forecast for Saturday 01 Jul 2023

Weather: A windy day with variable amounts of cloud and some sunny spells. Often dry but a small chance of a passing shower in the afternoon.

Maximum wind: Northwesterly 25 mph with gusts to 35 to 45 mph on the higher summits

Chance of cloud-free hill tops above 800m: 80%

Low cloud and visibility: Generally excellent visibility with great air clarity. Some patchy cloud above 700 metres at first otherwise cloud above summits by afternoon

Temperature: **Valleys:** Plus 8 rising to 18 Celsius
At 800m: Plus 10 Celsius
Freezing level: Above summits

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Ground Conditions Supplement
No recent ground conditions report available.

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